



Sample Script for Medical Office Phone Lines

DID YOU KNOW THAT 8 TO 12 MILLION AMERICANS OVER AGE 50 ARE LIVING WITH A DISEASE THAT AFFECTS THEIR LEGS, AND RAISES THEIR RISK OF HEART ATTACK AND STROKE? IT'S CALLED PERIPHERAL ARTERIAL DISEASE, OR P-A-D.

P-A-D DEVELOPS WHEN LEG ARTERIES BECOME CLOGGED WITH PLAQUE—FATTY DEPOSITS THAT LIMIT BLOOD FLOW TO THE LEGS. JUST LIKE CLOGGED ARTERIES IN THE HEART, CLOGGED ARTERIES IN THE LEGS RAISE THE RISK OF HEART ATTACK AND STROKE.

YOU ARE AT RISK FOR P.A.D. IF YOU:

- ARE OVER THE AGE OF 50
- SMOKE OR HAVE SMOKED
- HAVE DIABETES
- HAVE HIGH BLOOD PRESSURE
- HAVE HIGH BLOOD CHOLESTEROL
- HAVE A PERSONAL OR FAMILY HISTORY OF VASCULAR DISEASE, HEART ATTACK, OR STROKE; OR
- ARE AFRICAN AMERICAN.

MOST PEOPLE WITH P.A.D. DO NOT HAVE OBVIOUS SYMPTOMS. SOME PEOPLE WITH P.A.D. HAVE FATIGUE, HEAVINESS, CRAMPING, OR PAIN IN THE LEG MUSCLES THAT OCCURS DURING ACTIVITY SUCH AS WALKING AND PROMPTLY GOES AWAY AT REST.

ASK YOUR HEALTH CARE PROVIDER TO CHECK YOUR RISK FOR P.A.D. AND TAKE ACTION TODAY TO LOWER IT. VISIT WWW.ABOUTPAD.ORG TO LEARN MORE.